

COCHISE SCHOOL DISTRICT

"A Great Place to Learn"

Extra Curricular Activities Handbook

2017-18



OPENING STATEMENT

The preceding code of ethics for athletics, and general statements of policy have been compiled for clarifying the responsibilities and duties of all parties concerned in conducting our program of school athletics.

It is the intent of the school for students and their families to have the option of participating in school activities or a family activity during school vacations and holidays without penalty. That is, they may lose a starting position and need to earn it back, but they are not to be made ineligible.

At no time is a student's academic grade to be affected by performance or by attendance at athletic programs.

The board encourages the maximum number of players on any squad in scheduled contests and has a high expectation that all players on the teams will play a reasonable period of time in all contests.

The Superintendent establishes rules and regulations considered necessary to maintain the spirit of these policies. **ANY EXCEPTION TO POLICY NOT GRANTED HEREIN MUST BE MADE BY THE BOARD OF EDUCATION.**

ATHLETIC CODE

It is suggested that all students who wish to take advantage of the athletic program at the Cochise School carefully scrutinize this handbook before deciding to become a squad member.

Each squad member must realize that the school is granting him/her the privilege of representing his/her self and the school. It is implicit in this responsibility that each team member abide religiously to each and every provision in this Athletic Handbook.

For our competing sports teams, students for the teams will be selected by the coaches, and will be cut by the coaches and/or administration as based on a student's effort, attitude, disciplinary actions, and most importantly academic needs. There will be a separate P.E. period for those not in sports.

ATHLETIC CODE OF ETHICS

The athlete must always keep in mind that an athletic contest is only a game designed and conducted to promote the physical, mental, moral, social, and emotional well-being of the individual player. The player must also realize that it is a privilege to participate in his/her school's athletic program and he/she must remember that they are representing their family, school, and community both on and off athletic courts and fields. The player should:

1. Treat officials and opponents with the respect due any guest.
2. Accept victory modestly, defeat gracefully, and never quit.
3. Control his/her emotions at all times and never argue with the officials.
4. Accept decisions as they are made and abide by them.
5. Never swear, cheat, gamble, or “grandstand”.
6. Keep physically fit and observe all training rules.
7. Use his/her influence on and off the court to help develop good spectator sportsmanship.

C.S.D. BOARD GUIDELINES

1. The interscholastic program is an integral part of the school program and is under the direct supervision of the coach.
2. All athletic teams shall adhere to the policies and rules of the Superintendent and Board.
3. Each student must pass all subjects per marking period with a minimum grade of D average.
4. If a participant will not be in school on the day of a practice, scrimmage, or game, he/she must receive prior verbal or written approval from the Superintendent, provided a written excuse has been given by the parent/guardian, before he/she will be allowed to participate in a practice, scrimmage, or game.
5. A student is ineligible for participation when:
 - a. under in-school or out-of-school suspension
 - b. fails to account for and return, or provide financial reimbursement for uniforms or equipment loaned during an activity.
 - c. Has exhibited behavior that is detrimental to the concept of sportsmanship and, in the judgment of the coach will reflect discredit upon the school.
 - d. Has an “F” in any subject discipline
 - e. Does not have a D average (exclusive of above (d)).
6. In the event of an injury to a student athlete, the doctor shall determine if and when he/she can return to practice or playing. A student athlete in the care of a registered physician may participate only when released by the physician for participation.
7. It is the intent of the school district to allow student athletes the opportunity to participate in interschool sports based on their demonstrated skill, behavior and grades during the approved season for each sport.
8. No headbands or any type of jewelry will be worn by male or female athletes during practices, scrimmages, or games.
9. Athletes and managers will wear their hair in a neat appearance. The guidelines of male hair appearance will be as follows:
 - a. hair will be kept out of the eyes in front of the head.
 - b. hair will come down no further than the tips of the ears on the side of the head.
10. A player will be removed from a squad for one unexcused absence during 9 week grading period. The coach will determine whether or not an excuse is valid in accordance with the Cochise School attendance policy in the student handbook.
11. A player is responsible for notifying verbally or in writing the coach if he/she must miss or be late for practice, scrimmage, or a game. This will be done before 2:00 p.m. on the day he/she will be absent or late. Repeated offenses will result in reprimand.

12. A player will travel to and from and away trip with the team. He/she will only be allowed to travel home from an away athletic contest or game if the parent/guardian fills out a disclaimer form giving their child permission to travel home separately from the team. The final decision will be made at the coach's discretion. (See appendix A)
13. Repeated bus misbehavior will result in reprimand, suspension, or dismissal from a team. The coach will have the power or decision.
14. Un-sportsmanship like behavior will not be tolerated. Poise and self-control are marks on an athlete. Repeated offenses will result in a reprimand, suspension or dismissal from a team.
15. Any verifiable proof of drinking, possession of alcoholic beverages, tobacco, or drugs will mean automatic removal from the team for the remainder of the sports season in which he/she is currently involved.
16. All athletic participants will abide by the written eligibility requirements as established by the School Board.
17. Any rule not specifically covered in these written rules will be determined at the discretion of the coach and superintendent.

TRAINING RULES AND REGULATIONS

1. The school will provide equipment for each player within its financial means.
2. No athletic equipment will be taken without the verbal or written consent of the coach.
3. No athletic department equipment will be worn except when participating in his/her individual sport during practices, scrimmages or games.
4. No athletic department equipment will be worn while participating in Physical Education classes during the school day.
5. Each player will assume responsibility for his/her issued athletic equipment.
6. Any lost/damaged athletic equipment must be replaced at the player's personal expense.
7. No squad member will compete on or play any outside non-sponsored school team during regularly scheduled sports season without the coach's verbal authorization.
8. On all school-sponsored trips, players will be informed in advance of appropriate dress, behavior and related responsibilities. Repeated failure to abide by the athletic dress code will result in a reprimand, suspension or dismissal from the team.
9. Use of vulgar or profane language will not be tolerated and is just cause for a reprimand, suspension, or dismissal from the team.
10. No gambling will be permitted while under school supervision.
11. Quitting a team after becoming a team member forfeits a player's privilege to participate in the same sport during the same sports season.
12. Players suspended from school will not be allowed to practice, scrimmage or participate in games while under school suspension.
13. Your first responsibility is school. All Make-up work or additional help must be completed before practices, scrimmages, or games as per coach's decision.
14. IN ORDER FOR A TEAM MEMBER TO PARTICIPATE IN A PRACTICE, SCRIMMAGE, OR GAME ON A DAY HE/SHE IS ABSENT FROM SCHOOL THEY MUST HAVE A PROFESSIONAL APPOINTMENT (DOCTORS, DENTIST, ETC.) AND BRING A NOTE TO THE COACH FROM THE OFFICE OF THE APPOINTMENT.

Players should check with the coach prior to the day they will be absent unless it is an emergency.

15. All players and managers will abide by the training rules as written down in this sports handbook. Failure to adhere to these training rules will result in a reprimand, suspension, or dismissal from a team.

SPECTATORS

The spectators of any school athletic contest are divided into two groups - students and general public. The student body must understand that they are either hosts of a visiting team or guest of another school and their attitudes and actions at all times must be of the same nature found in a much smaller social setting. Acts of respecting the official's judgment, supporting the cheerleaders, and appreciating good play by both sides should be second nature to the student body. Booming, jeering, applauding errors, using profane language and throwing things should not be tolerated by fellow students or school officials.

No athletic team or school representative shall participate in such acts as cutting nets from basketball goals.



PARENTAL CONSENT FOR SCHOOL ACTIVITIES AND EMERGENCY CARE

Student: _____ **Date of Birth:** _____ **Grade:** _____

I hereby give consent for my child to participate in school activities and/or activities sponsored by the school, including those requiring travel from school grounds.

I understand that my child is required to have a physical before participating in any extracurricular sports activity.

I hereby give consent for school authorities to seek emergency medical treatment for my child in the event he/she is stricken ill or injured while under the school's care, either at school or on a school sponsored trip. I also give consent to a licensed medical physician and/or hospital to render emergency care to my child as needed.

I agree to assume responsibility for any cost over and above that is not paid by applicable insurance.

We have read the training rules for the Cochise School District athletic programs and realize that failure to abide by these rules will result in either a suspension or removal from athletic teams at Cochise School. Any use, transportation, or possession of drugs or alcohol will result in removal from athletic teams at Cochise Elementary School District.

Parent/Guardian's signature

Date

Student's signature

Date

The following insurance company covers the above named child:

INSURANCE CARRIER: _____

GROUP/POLICY NUMBER: _____

Note: All claims must be submitted to the above insurance company. Portions of emergency care not covered by the above insurance company may be submitted to the school's insurance carrier on forms available from the school office. There is no guarantee that the school's carrier will meet any costs. It is solely the carrier's decision.

Return Completed Form to the School Office